

Musical Workshop, moderated by Victoria Lavan

The Betty Garrett Musical Theatre Workshop is a two-hour workshop moderated by Victoria Lavan (see bio). This workshop is designed to give Theatre West members the opportunity to explore songs, duets, and even musical scenes in all genres and styles in a safe, supportive environment. Feedback and suggestions on voice, voice qualities, how to achieve style-specific sounds, acting choices, and how to integrate singing, acting, and performance are available but optional. Participants choose what level of feedback they want to receive in each workshop. A monthly open mic casual performance is given by members of this workshop. Members of the Musical Theatre Workshop also have the opportunity to perform in Theatre West's mainstage theatrical concert and cabaret shows.

Victoria Lavan enjoys a rich and accomplished career as a singer, actor, director, award-winning teacher, and Estill Master Trainer. Victoria is Director of Vocal Health and Principal Voice Faculty at AMDA College and Conservatory for the Performing Arts in Los Angeles. She has also served on the voice faculties of Ventura College, Pepperdine University, and UCLA Ray Bolger Musical Theatre Program.

Victoria's own performing career spans 30 years and includes regional opera, symphony, concert, music theatre, cabaret, and theatre credits. Favorite collaborations include the Sundance Institute with the San Francisco Opera Adler Fellowship Program; Salt Lake Opera Theatre, Opera Unplugged, Albuquerque Chamber Orchestra, New West Symphony, Ventura Music Festival - Bach B Minor Mass, soprano soloist, Grammy Award-winning conductor, Vance George; *Jesus Christ Superstar* with Ted Neeley and Carl Anderson; *Love Letters* with her late husband, Bruce Liberty, Rubicon Theatre Co.; *Swan Lake the Musical*, Sold Out concert in Los Angeles. Her tribute to the incomparable Barbara Cook *Glitter and Be Gay* ran for five weeks at the El Portal Theatre in Los Angeles and toured regionally.

As a member of Theatre West, LA's longest-running professional theatre company, Victoria enjoys moderating the Betty Garrett Musical Comedy Workshop and directing mainstage Cabaret shows. Other directing credits include Ernest Worthing and Hobson's Choice, two original operas by noted composer John Biggs.

In 2013, Victoria was awarded the *NATS Teacher Enrichment Grant* for advanced study in the practice of vocology at the National Center for Voice and Speech. Following the completion of a rigorous training program in Estill Voice Training, Victoria earned certification as an Estill Master Trainer of the Estill Voice Training system in 2023. Her work and practice are also informed through certification as a yoga instructor and the study and practice of Dynamic Neuromuscular Stabilization principles according to Kolar of the Prague Rehabilitation School.

She is a Charter Voting Member of the Pan American Vocology Association, Voice Foundation, Performing Arts Medicine Association, and the National Association of Teachers of Singing, where she has served as past president of NATS-LA and Regional Governor for Southern California and participated on various committees contribute science-informed vocal pedagogy resources.

Victoria maintains a private voice studio for professional performers in Los Angeles and online. Her journey into the transformative work of Estill Voice Training has transformed her already thriving voice practice. Her students have been seen on Broadway in *Six*, *Hamilton*, *Tina Turner the Musical*, *Caroline or Change*, *Moulin Rouge*, *The Book of Mormon* among others. On the West-End in London in *Hair*, as well as national and international tours of *The Book of Mormon*, *Beautiful*, *Aladdin*, *Dear Evan Hansen*, *Anastasia: The Musical*, *Rent*, *Hair*, and *Waitress*. With Disney and Universal Studios worldwide, cruise lines worldwide, touring in bands *The Late*, *Great Charlie Borski*, *Introverted Funk*, and *Mo5aic*, and working in recording studios releasing new music, creating their own notable and recognized artistic work.